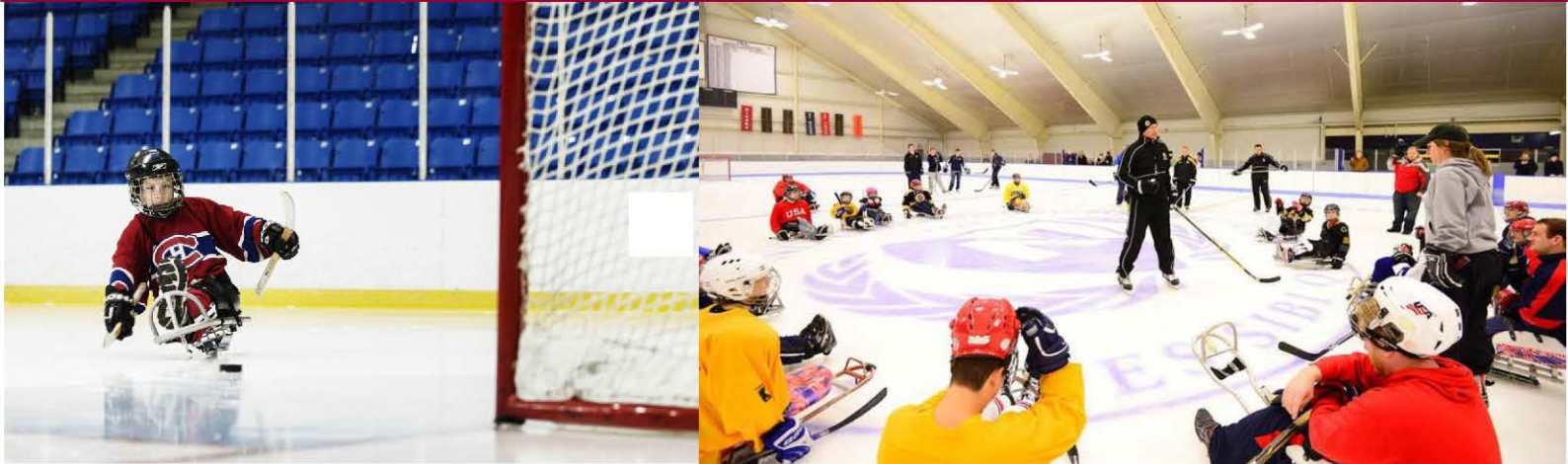




Sledge Hockey Open Ice & Coach Education Sessions!



What:

You're invited to participate in a community open ice session and/or a coach education session for sledge hockey! This introduction to coaching sledge hockey clinic will include topics such as and introduction to sledge hockey, equipment, off-ice preparation, basic skills and recommended exercises and drills. Community open ice sessions are for everyone to come out and try a sledge!

The clinics are free of charge!

When & Where:

Bathurst

Saturday, November 29, 2014 @ KC Irving Centre
Community open ice session: 3pm-4:30pm
Coach education session: 5pm-7pm (bilingual)

Shippagan

Sunday, November 30, 2014 @ Rheel Cormier Arena
155 DeGrace Rue, Shippagan, NB
Community open ice session: 5pm-6:30pm
Coach education session: 7pm-8:30pm (French)

Moncton

Monday, December 1, 2014 @ Redball Internet Centre
55 Russ Howard Dr., Moncton, NB
Community open ice session: 11am-12:30pm
Coach education session: 1pm-4pm (bilingual)

Instruction provided by recognized facilitator, Maxime Gagnon & a certified sledge hockey coach and players!

Who:

People interested in learning about or getting involved in sledge hockey as a coach or participant with or without a disability! The clinics are open to anyone interested and there are no prerequisites required!

What to bring:

Individuals are strongly encouraged to bring their own helmet, elbow pads and gloves. Hockey sledges and sticks will be provided. Remember to dress warm and wear clothing for physical activity!

With funding support from



To Register:

To register for one of the coaches clinics, contact
Nick Boudreau, Technical Director, Hockey NB
nboudreau@hnb.ca
1.506.453.0871

